



APPLICATION FORM FOR SCHOLARSHIP THROUGH ICCR

Application Made Through : Bangladesh High Commission of India Dhaka

1. Full name (IN BLOCK LETTERS) : Mr. Rahat Mahmud Polin

2. Gender : Male

3. Date of Birth : 29/9/1994

4. Country : Bangladesh

5. Country of Residence : Bangladesh

6. Passport No : BR 0786892

a) Date of Issue **b) Date of Expiry** **c) Place of Issue**

18-2-2018 17-2-2023 Gazipur

7. Postal Address : Village: Digdha, Post Office: Khamer,
Upazila: Kapasia

a) City **b) State** **c) Country** **d) Zipcode**
Gazipur Dhaka Bangladesh 1730

8. Telephone/Mobile Number

Contact No : + +8801521416955

Email Id : polin.ict@gmail.com

**Permanent Unique ID of your country
(Excluding Passport No.)** : 19944827905000025

9. Details of Father/Mother/Guardian

Name	Relation	Occupation	Country
Md Mizanur Rahman	Father	Business	Bangladesh

Address : Village: Hapania, Post Office + Upazila:
Pakundia

City	State	Country	Zipcode
Kishoreganj	Dahaka	Bangladesh	2326

10. Knowledge of English : Yes

Written: Proficient **Spoken: Proficient** **Reading:
Proficient**

11. English Proficiency Test : No

12. Essey:



Mental Health De-stigmatization A deep-rooted stigma persists in South Asian countries, especially in Bangladesh regarding mental health. Unaware of the severity of these issues, people often neglect or deem them negligible. Ignorance coupled with the existing stigma and fear of defamation exacerbates their conditions. This eventually worsens their situation beyond repair. Had these issues been addressed properly in the past, their quality of life would have been far better. The reluctance of majority to recognize mental health issues as a matter of consideration, let alone take measures against it has added insult to injury. The tendency to stifle feelings, to sweep them under the rug will have grave ramifications in their lives. In an age of online abuse, peer pressure, insurmountable amount of stress, tension, anxiety & depression, de-stigmatizing and normalizing mental health issues have become a crying need of time. To make matters even worse, COVID-19 pandemic has convoluted the conundrum. Mental health specialists now fear a global pandemic is bound to have mental repercussions. The rise of death tolls, the loss of jobs, the dreadful loneliness, all have affected our psyche in ways unimaginable and unprecedented. According to Lancet medical journal, the number of deaths by suicide is on the rise. So now we face the conundrum, "Is a mental health pandemic following the COVID-19?" It's high time we took steps against this invisible enemy. From a socioeconomic perspective too, it is becoming increasingly important to take care of our mental health with every possible way. In developing countries like Bangladesh, de-stigmatization is realistically a far-fetched dream given the circumstances. According to National Mental Health Survey 2018-2019, about 17% adults of the total population have a diagnosable mental health condition. That makes up almost 2 crore people. Surprisingly, 92% of them fail to reach out for help. On the other hand, 13.6% children also suffer, 94% without treatment. The root cause behind this alarming situation, is the stark contrast between physical and mental health services. Even in this day and age, mental health problems are still subject to denunciation and criticism. Besides the acute lack of mental health specialists and clinicians also play a major role. Breaking through the stigma is no easy feat. Comprehensive and circumstantial groundwork has to be laid for its eradication. Meticulous and intensive efforts are essential too. Firstly, people irrespective of their age, culture, cast and creed must be educated in mental health issues. Everyone has to be made aware of the gravity of the situation at hand. Secondly, to speak of their problems, to express their sufferings must be normalized. The archaic superstitions have to be discarded and create a less hypercritical society. Thirdly, proper psychiatric care has to be assured and ensured; and everyone must have access to it. With proper implementation of such programs, we may hope to break the shackles of stigma and head towards a collective goal that will ensure mental health.

13. Course applied for

Post Graduate

Course Type

Engineering

14. Universities/Institutes in India where you wish to seek admission:

Note : ICCR provides scholarships only for courses in central or state government universities. Candidates should be very specific and clear about the course of study which he/she wishes to pursue in India. Scholarships are not available to pursue more than one course. Candidates should ensure that the courses listed here are offered by all five Universities listed under S.No.14. The candidates must refer to the University/Institute website to know the eligibility criteria for the courses of their choice. Those seeking admission to agricultural courses must opt for ICAR in the University choice. Please select University in order of preference.

Course you wish to study	University	Course Stream
M.Tech	IIT Kharagpur	Aerospace Engineering
M.Tech	IIT Bombay	Aerospace Engineering
M.Tech	NIT, Rourkela	Biomedical Engineering
M.Tech	Indian Institute of Engineering Science and Technology Shibpur	Information Technology
M.Tech	Jadavpur University	Biomedical Engineering

Note: Once admission is confirmed, no change in either course or University/Institute will be permitted by the Council.

Allotment of colleges is done by the respective Universities.

15. Previous Educational Qualifications

Certificate/Degree	Country	Name of School/University/Board	Year	Percentage(%)/Grade
Grade X (equivalent to Grade X in India)	Bangladesh	Idgah High School/Dhaka Education Board	2009	80%/GPA 5
Grade XII (equivalent to Grade XII in India)	Bangladesh	Kapasia College/Dhaka Education Board	2012	80%/GPA 5
Undergraduate (equivalent to three years course after grade XII in India)	Bangladesh	Mymensingh Engineering College/University of Dhaka	2016	68.8%

16. Give below the names of two persons who have agreed to testify from their personal knowledge to your character (they must not be related to you and should have direct knowledge of your academic pursuits).

Reference 1

Name	Occupation	Email	Telephone	Postal Address
Raton Kumer Nondy	Assistant Professor	ratonnondy01@gmail.com	08801725444592	Associate Professor, Dept. of EEE, IUBAT, Uttara, Dhaka

Reference 2

Name	Occupation	Email	Telephone	Postal Address
Abdul Wahed	Lecturer	wahed.eee8421@gmail.com	008801721343362	Lecturer, Dept. of EEE, Mymensingh Engineering College, Mymensingh, Bangladesh

17. Details of close relative(s) or friends, if any, in India.

Name	Relationship	Occupation	Telephone	Email	Postal Address

18. Have you travelled or lived in India in the past? Yes

19. Have you ever availed of ICCR Scholarship earlier? No

20. Are you currently a resident in India? No

21. Are you married to an Indian national? No

22. Do you have an International driving licence? No

23. Any Other Information: I am very much willing to study in a Postgraduate Engineering Program in India. I am very much fond of traveling. I already have visited 55 districts of Bangladesh as well as Darjeeling, Kolkata, Jharkhand and Andaman and Nicobar Islands of India. Beside of my study in India, I also want to visit more beautiful places of India.

Date: 04-06-2021

Place: Dhaka I hereby declare that the particulars given above are true to the best of my knowledge and belief and that I have understood the financial terms and conditions of the Scholarship Scheme. I hereby undertake to abide by them, and I also undertake



to return to my country after completion of my studies in India.

Signature